Lunch Menu

Week I



w/c: 26/08, 16/09, 07/10, 28/10, 18/11, 09/10, 30/10, 20/01, 10/02

MONDAY

Tex Mex Chicken Served with Wholegrain Rice & Sweetcorn



TUESDAY

Cottage Pie topped with Root Vegetable Mash Served with Green Cabbage, Peas &



WEDNESDAY

Roast Chicken Thigh Served with Crispy Roasties. Broccoli & Gravy



THURSDAY

Pizza Pinwheels

Served with Garlic & Herb Wedges and Green Beans

FRIDAY

Golden Fish Fingers

Served with Chips and Baked Beans





Enchiladas

Served with Wholegrain Rice & Sweetcorn (Kidney Beans)



Vegetable Pie topped with Root Vegetable Mash

Served with Green Cabbage, Peas & Gravy







Sweet Potato & Lentil Roast

Served with Crispy Roasties, Broccoli & Gravy



Vegetable Jambalaya

Served with Green Beans



Courgette & Sweetcorn **Fritters**

Served with Chips and Garden Peas



Penne Pasta with Homemade Tomato Sauce



lacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or

Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Chocolate Cake and Custard

Jelly & Fruit Slices



Traditional Rice Pudding with Strawberry lam

Fruit Salad



Shortbread Biscuits

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

























Lunch Menu

Week 2



w/c: 02/09, 23/09, 14/10, 04/11, 25/11, 16/12, 06/01, 27/01, 17/02

MONDAY

Mexican Chicken Wrap

Served with Wholegrain Rice & Broccoli



TUESDAY

Homemade Pizza Margherita

Served with Paprika Wedges & Coleslaw

WEDNESDAY

Chicken & Sweetcorn Pie

Served with Crispy Roasties, Carrots & Peas



THURSDAY

Bombay Chicken Biryani

Served with Wholegrain Rice & Broccoli







FRIDAY

Golden Fish Fingers

Served with Chips & Baked Beans





No Meat Bolognaise

Served with Penne Pasta & Broccoli







Vegetable & Bean Cobbler

Served with Crispy Roasties, Carrots & Peas





Chickpea & Vegetable Samosa

Served with Wholegrain Rice, Broccoli & Curry Sauce



Vegetable Fingers

Served with Chips & Baked Beans





Penne Pasta with Homemade Tomato Sauce



Chocolate Beetroot **Brownie**

lacket Potato with Cheese or Baked Beans or Tuna Mayo



Vanilla Cheesecake

Penne Pasta with Homemade Tomato Sauce







Fruit Bowls

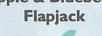


lacket Potato

with Cheese or Baked Beans or Tuna Mayo



Apple & Blueberry



Penne Pasta with **Homemade Tomato** Sauce



Oat Cookie & Fruit Slices



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY























Protein Power



Good for

Lunch Menu

Week 3



w/c: 09/09, 30/09, 21/10, 11/04, 02/12, 23/12, 13/01, 03/02

MONDAY

Creamy Tuscan Beef Served Wholegrain Rice

& Green Beans



TUESDAY

Homemade Halal Sausage Rolls

Served with Wedges & Baked Beans



WEDNESDAY

Roast Turkey

Served with Crispy Roasties, Carrots & Sweetcorn



THURSDAY

Mac n Cheese with a **Crispy Crumb Topping**

Served with Green Beans

FRIDAY

Golden Fish Fingers (Salmon Or Pollock) Served With Chips & Garden Peas





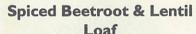


Served with Wholegrain Rice & Green Beans



Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans



Served With Crispy Roasties, Carrots & Sweetcorn





Vegetable Bean Chilli

Served with Wholegrain Rice & Green Beans



Vegetable Fingers

Served with Chips & Baked Beans



Penne Pasta with Tomato Sauce



Jacket Potato

With Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Tomato Sauce



Jacket Potato

With Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Tomato Sauce



Peach Crumble



Fruit Bowls



Vanilla Ice Cream Cup

Lemon & Courgette Drizzle Cake

Chocolate Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY









Vegetarian





Full of fruit







